

Elder's Mills: The Eagle Eye Soaring on Wings of Character, Community and Diversity 120 Napa Valley Avenue, Woodbridge, L4H 1L1 Phone: 905-893-1631; 647-795-7705 Email: <u>elders.mills.psøyrdsb.ca</u> Twitter <u>@EldersMills</u>



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What's Happening @ EMPS!

Jump Rope for Heart Event

Friday, May 19th!

Thank you to all families for their support with this community fundraiser! Our school raised \$1357.00!

We had a lot of fun today! Classes spent part of the day outside enjoying the weather and, as you can see on the right, some healthy competition with VP M. White during some skipping races! Way to go Eagles!



More fun Friday!

Soccer nets have arrived at EMPS! We wish to thank our community for their support with our fundraisers. We were able to purchase these portable nets for our students to use at recesses. Pictured here is M. Petrilli in a game with the Grade 8s during our outdoor Jump Rope event.



Staff vs Student Volleyball Game:

Staff and students enjoyed an afternoon of healthy competition. Staff remain undefeated with 2 games in 2. Stay tuned for the next challenge!

Duane Gibson is coming to EMPS!!!

In supporting our goals in the area of Student Mental Health and Well-being, we have invited Duane Gibson to give a presentation to our Grade 4 - 8 class on **May 24th**.

"D.O. Gibson is a Guinness World Record setting rapper, published author and University graduate that has been inspiring hundreds of thousands of youth since 2001. He set a Guinness World Record for longest freestyle rap by rapping for 8 hours and 45 minutes. Gibson has performed at over 1000 schools. He's toured Canada, US, Asia, Europe and had ten videos played on MuchMusic including one where Drake made a cameo. Stay Driven is a one-hour assembly that combines speaking with live performances to engage students while delivering a solid message." <u>Stay</u> <u>Driven - About D.O.</u>



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responsibility

Thank you to our community for supporting our fundraisers, making events like these possible!

Prayer Room @ EMPS:

In the YRDSB, we are committed to provide equitable and inclusive spaces for all of our learners and one of our goals is to "dedicate respectful spaces for prayer, smudging, devotion or meditation activities for students..." At Elder's Mills, the Prayer Space is in the Conference Room. It is available to all students who wish to use the space for prayer, throughout the day. To accommodate our Muslim students, the space is reserved between 1:35 - 1:50. We invite families to connect with your child's teacher to discuss accommodations so that they are informed. Please support your child in understanding the respectful, responsible use of this space.



Rabbit and Bear Paws!

On the evening of Thursday, May 18th, we welcomed Chad Solomon, Indigenous author and performer to share his wisdom with us. Our audience learned about the Anishinabe creation story and had fun taking an active part in its telling. Miigwetch (thank you) to our School Council and to our community for supporting this event through the PROGrant program and our school fundraisers.





York Region District School Board Seeks Parent, Family and Community Engagement Advisory Committee (PEAC) Members

Parents/guardians interested in serving as a member of PEAC are asked to submit an application by June 14, 2023.

PEAC supports, encourages and enhances parent engagement at the Board level in order to improve student achievement and well-being. It represents the collective voice of parents who have children attending public schools in York Region. Members are expected to attend a minimum of five meetings each year. The first meeting date for the new membership is November 9, 2023, which is a joint meeting with our Equity and Inclusivity Advisory Committee (EIAC).

Interested parents/guardians are invited to submit an application using the <u>online application form</u>. For a copy of the application, please contact Leadership Development and Engagement via email at <u>leadership.development.engagement@yrdsb.ca</u> or by phone at 905-727-0022 ext. 3650.

Information Session

Interested applicants are invited to attend a virtual information session to learn more about this parent and community member engagement opportunity.

Date and Time: Wednesday, May 24, 2023 7:30 p.m. to 8:30 p.m.

Meeting Information: Online virtual ITS Webinar Event meeting link

Support: If you need assistance to join this virtual meeting, please see <u>How to access the virtual</u> <u>meeting link</u>. A recording of this information session will be available on the PEAC webpage. For more information, please visit the <u>YRDSB PEAC website</u> or contact <u>Leadership.Development.Engagement@yrdsb.ca.</u>



Vaping Awareness and Prevention: Talking to Youth About Vaping for Families from York Region Public Health

There are many reasons why youth may start to use vapes. Friends may pressure others to start using vape products. Youth may see family members vape or smoke and imitate that behaviour. Additionally, the last few years may have been extraordinarily difficult for many youth and they may think that vapes and nicotine products will help them cope with <u>stress</u>.

Whether you are a parent, guardian or teacher, <u>starting a discussion</u> <u>with your kids</u> about vaping may not be easy but having the conversation early about drugs and <u>experimenting</u> is important so that youth can get the real facts.



Parents and Caregivers play an important role

The adolescent period is a time of critical growth and development making youth more susceptible to the effects of nicotine, the addictive substance found in many vapes. Nicotine can interfere with <u>teenage brain development</u> and can cause changes in the brain affecting learning, memory and concentration, making youth more susceptible to other <u>substance misuse</u> and risk-taking behaviours.

Some tips for starting a conversation about vapes and youth vaping includes:

- Get the facts about the health risks and laws around vaping before your talk information and products change quickly so conversations should reflect the child's growing maturity and the pressures they may face
- Keep your talk informal and look for natural opportunities for discussion (e.g., a new vape store opens near you)
- Ask questions and try to be empathetic about what they know and how they feel about vaping
- Share some vaping facts with them
- If their friends use vapes/e-cigarettes, disapprove of the use of these products rather than disapproving of the friends themselves

Remember: listening is just as important as talking.

For more information and tips about how to talk with youth, read <u>Talking with your teen about vaping</u>: <u>a tip sheet for parents</u> and visit <u>Tobacco</u>, <u>Vaping And Youth</u>.

When talking with youth about tobacco products and vaping, it is important to:

• Understand tobacco and vaping from a youth's point of view – youth understand the issue differently based on their developmental stage

- Talk about the tactics used by the tobacco industry to make tobacco and vaping appealing to youth. Explain how the industry tempts youth to buy tobacco products and/or engage in behaviours that might be harmful to their health
- Role play, practice and provide options about how to refuse tobacco products to help youth prepare for situations involving tobacco and vaping with their peers
- Equip youth with the information, skills and motivation they need to make informed and healthy choices
- Discuss vape-free laws so youth understand that it is illegal to sell or supply vapes to anyone under 19 years of age; and that it is illegal to vape anywhere you can't smoke cigarettes, including on or around school and community centre properties, among other places

Quitting vaping/tobacco

Quitting vaping and/or tobacco is one of the best things you can do to improve your health. If you or someone you know needs help, call York Region Access York at 1-877-464-9675 TTY (for those with hearing disabilities) 1-866-512-6228 or email

York Region - Recreation - Free or Subsidized:

Free and/or Subsidized Recreation, Sport Programs, Summer and Overnight Camps For Children and Youth ages 4-18 whose families participate in one of the following:

 Ontario Works ○ Ontario Disability Support Program ○ Assistance for Children with Severe Disabilities ○ Rent Subsidy (including STAR and Ontario Housing Benefit) ○ Child Care Fee Subsidy (income below \$36,000) York Region

Some programs are only eligible to families in York Region Housing Communities \circ Housing York Inc. \circ Non-Profit Housing \circ Cooperative Housing

For More Program Information and Eligibility: Call Access York at 1-877-464-9675 or visit york.ca/recreationsubsidies

MESSAGES FROM THE OFFICE

Changing your child's end of day dismissal routine?

Please ensure you inform your child's teacher and the office staff if you are changing your child's regular pick up routine for the afternoon or for longer. **Please call the office by 2:15 p.m**. to advise them of any changes. We remind our families that students will not be called down to the office after 3:00 p.m.

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Week 34- Friday, May 19th, 2023

ALLERGY AWARE @ EMPS!

We are reaching out to remind you that a student or students in your child's class have potentially life-threatening allergies. They have reactions that can be triggered by peanuts and tree nuts or by eggs and dairy. The medical term for this anaphylaxis.

Students with anaphylaxis are aware of how to keep themselves safe (e.g. not eating unknown foods, carrying an epi-pen, hand-washing, eating in a separate space in the classroom). Our staff is aware of the potential risk to students and receives training for administering an epi-pen. Unfortunately, we are not able to check all snacks and lunches to ensure they are safe to eat in the classroom.

We ask that all families and children do their part to help their allergic classmates stay safe. We can reduce the risk of accidental exposure with your help. Please:

- DO NOT send peanut/tree-nut containing products to school
- remind your child that food in their snack or lunch is not to be shared
- do not send food to school for sharing with classmates (e.g. birthday or other celebrations)

Your cooperation and understanding of this matter is greatly appreciated.

ENTERING SCHOOL PARKING LOT - REMINDERS:

- The entry from Rota Ave is **One Way**
- DO NOT turn left into the first parking lane, rather follow the route around refer to signs posted
- DO NOT park in entry lane
- DO NOT pull up onto loading dock/tarmac area
- Pull all the way up to the end of the KissnRide lane when there is space available
- Ensure your child enters and exits your vehicle from the passenger side
- DO NOT ENTER the bus loop off Napa Valley Avenue between
 8:20 a.m. 9:00 a.m. and 2:50 p.m. 3:45 p.m. OR at any time when there is a bus in the area





Spirit Wear

Students, Families & Friends have an opportunity to soar with their fellow Eagles!!! Spirit Wear such as **hoodies, t-shirts, sweatpants and caps** will all be available to order for all. Create and share memories with purchases **available from now until June 1**. Deliveries will be made to Elder's Mills every 2 - 3 weeks and sent home with students. All proceeds will fund school enhancements and programs. Shop online by following this link: <u>https://stores.inksoft.com/eldersmills/shop/home</u>



Pics of the Week!



On the Horizon....

<u>May</u>

22 School Closed - Victoria Day Holiday
24 Duane Gibson - Grades 4 - 8
25 EMPS Track and Field DayGrades 4 - 8
29 Track and Field Rain date

June

1 - 8 Book Fair

1 Spring Fair

1 LAST DAY FOR SPIRIT WEAR ORDERS

- 2 PA Day School Closed for students
- 13 Girls Soccer Area Tournament
- 14 Boys Soccer Area Tournament
- 15 Student Showcase Grades 4 8
- 21 Primary presentation Daytime event
- 22 Grade 8 Trip
- 26 Grade 8 Graduation
- 30 Last Day of Classes Half Day a.m.

We wish our students and our families a very happy holiday weekend! See you on Tuesday!

Eugenia Korinia Principal

Omari White

Vice-Principal

